Freestyle Daily NORWEGIAN CRUISE LINE FREESTYLE CRUISING

Norwegian Gem

Saturday, February 21st, 2009 New York, New York Today's Forecast Sunny, 5°C/42°F Sunrise 6:43am Sunset 5:37pm All Aboard 3:30pm

Tip of the day

Captain Mikael Hilden, Hotel Director Prem Kainikkara and Cruise Director Ray Carr welcome you onboard the Norwegian Gem.

To find your stateroom: the first number is the deck, the second number indicates what side on the vessel you are on. If this number is

0 or 1, you are on the Starboard Side, 5 or 6 you are on the Port Side. The last numbers are the position of your stateroom,

01 is Forward and the higher the number the further Aft you are (i.e. 9504 is on Deck 9, Port Side, Forward).

Tonight's entertainment

Showtime: Welcome Aboard Show

Join your Cruise Director Ray Carr for a fun filled night of entertainment as he introduces you to the Norwegian Gem Entertainment Team. Also tonight we shall be featuring the Comedy and Magic of Bob and Sarah Trunell. Don't miss this very special welcome aboard show! (One Show Only) 9:15pm, Stardust Theater, Decks 6 & 7, Fwd

Sailaway Celebration & BBQ

Join your Cruise Director Ray Carr and the Cruise Director's Staff as we kick off your vacation of a lifetime. Bring your cameras to capture the scenic sail away, including the Statue of Liberty and the Verrazano Bridge. Enjoy poolside music and dancing with your Cruise Staff. If the weather is not permitting, the party will take place in the Spinnaker Lounge, Deck 13, Fwd. 4:00pm, Poolside, Deck 12, Mid (weather permitting)

What's on tap today

General Embark Information: Lunch will be served starting at Noon in the Garden Café and Grand Pacific. Your Stateroom will be ready for you after 2:00pm. Please relax in our public areas until this time. Your luggage will be delivered to your stateroom by 6:00pm this evening.

Guest Life Boat Drill: We are conducting a U.S. Coast Guard Mandatory Life Boat Drill. This is a mandatory drill and all guest services will cease at 3:00pm. Please listen for announcements. 3:30pm, Assigned Muster Stations

Welcome Aboard Dance Party:

Join your Cruise Staff for a great night of music and get groovin' on the dance floor.

10:15pm, Spinnaker Lounge, Deck 13, Fwd

Jet Laggers Party: Ready to have fun? Have a cocktail, bring all your friends and join our Gem Production Cast on the dance floor. It's party time! 10:45pm, Bliss Ultra Lounge, Deck 7, Aft

Shore Excursions: Ready to explore the Bahamas & Florida? Take the guesswork out of what to do in port. Space is limited so visit the Shore Excursions Desk soon to reserve your spot on the many exciting tours! Skip the line and book with our convenient 24 hour drop box. Or, book excursions from your stateroom TV, simply press the green 'menu' button and start exploring. Time: 1:00pm-9:00pm (closed during boat drill). Shore Excursion Desk, Deck 7, Mid.

Gem Club Casino: Sign up for your free Player's Club Card starting at 1:00pm and receive a coupon book with great discounts and special offers including a free \$5 chip! 6:00pm-Whenever Gem Club Casino, Deck 6, Fwd

Guitar Vocals: Join James Capik in the Star Bar as he performs contemporary songs, have a drink and relax in a cozy atmosphere at 9:00pm-Whenever, Star Bar, Deck 13, Mid.

What is Freestyle Cruising?

Freestyle Cruising is NCL's way of giving you freedom on your vacation. We've lightened schedules and lessened restrictions so you can do your own thing where, when and with who you want. With Freestyle Cruising, you can even eat at a different restaurant every night, with who you want, at the time you choose. And you'll find plenty of entertainment options, too. With all of these choices, one question is always asked: Who do I tip? On a traditional cruise, you have one waiter, one busboy and one Maitre'd. On an NCL cruise, you have several different Service Staff Members catering to your every need. A \$12 per guest, per day service charge is added to your onboard account and this amount goes to the entire service team, including your Room Steward/ess, here on Norwegian Gem.

Check out "iTV" on your Stateroom TV. Movies, tours and much more. Just press the green "Menu" button.

Don't miss this!

2 For 1 Specialty Restaurants Offer: Enjoy our 50% off the Cover Charge in La Cucina, Deck 12, Aft, Tequila, Deck 8, Mid and Orchid Garden, Deck 7, Mid. 5:30pm-6:30pm, only.

Bar Manager's Specials

Bar Soda Special: Be sure to check out NCL's unlimited fountain soda program.

Ask any of our friendly Bar Staff for additional information.

Only \$ 6.25 per day (plus 15% gratuity - must purchase package for entire cruise). 1:00pm-Close, Bars & Lounges

Dear Cruise Director,

Can I use my cell phone on the ship?

Yes, you can make and receive calls from around the world on your cell phone when at sea. When in port, you will be connected and billed through your home carrier's local roaming partner.

Details, including dialing instructions, can be found in the Cellular at Sea brochures in the Atrium.

For added convenience, ship to shore dialing is also available from your stateroom. Contact the Reception Desk for dialing instructions.

You can also stay connected with NCL's daily newspaper service delivered to your stateroom. Access email or take a computer class using the workstations at our Internet Café.

If you have a laptop, "wireless hotspots" are everywhere.

More questions? Stop by our Internet Café on Deck 7, Mid.

Colombian Emeralds International

Have the chance to receive up to \$500 worth of free jewelry - just ask in store about our exclusive promotion going on right now.

Apply for our CEI Gold Advantage Card and receive a free bottle of champagne, your chance to buy your jewelry now and pay nothing for up to a year.

5:30pm-Midnight

Colombian Emeralds International, Deck 7, Fwd

Yin & Yang Spa

Try some of our state of the art facials. The Elemis Oxyderm will hydrate your skin and enhance anti aging for the skin with a reduction of fine lines. Results will last up to 4 weeks (also perfect for men). Don't forget to ask about our men's grooming program.

Yin and Yang Spa, Deck 12, Fwd (Ext 12200)

Win Free Art! Art Auction Preview

Come to the Art Gallery on Deck 7 to preview the collection of original artworks that will be featured at tomorrow's Art Auction and meet your Gallery Directors. Don't forget to "Guess the price of the Picasso" because the closest guess will win a beautiful free Artwork.

4:30pm-10:00pm; Art Gallery, Deck 7, Aft

Behind the Scenes Tour

Would you like to visit the behind-the-scenes workings of a multimillion dollar Cruise Ship? See the Bridge, Laundry Facilities, Galley, Backstage & Environmental Systems all guided by the officers in charge! 2 great tours available plus a deluxe tour with Sushi Lunch & Dinner at Cagney's (Fee applies).

Sign up at the Reception, Deck 7, Mid.

Discount Cards

We are headed for the shopping Mecca of the Caribbean, so stop in and see Todd tonight for details on how to get your VIP shopping discount cards. Be sure to bring along your wish lists to ensure you receive the best store referrals! Don't miss tomorrow's shopping talk with all of Todd's Insider Shopping Tips at 3.00pm in Spinnaker. 7:00pm-8:00pm, Reception Desk, Deck 7, Mid 8:00pm-9:00pm, Colombian Emeralds, Deck 7, Fwd

Flowers Onboard

It's here, brand new onboard the Norwegian Gem: Come and visit our Gem Flower Boutique. The perfect gift for someone special any day of the year. 5:00pm-9:00pm Crystal Atrium, Deck 7, Mid

Gem Club Casino

Sign up for your free Player's Club Card starting at 1:00pm and receive a coupon book filled with great discounts and special offers including a free \$5. Every new member will be entered into our 7:30pm draw (must be present to win). Paradise Lotto Jackpot prize over \$227,000; play for only \$2 a game (\$10 'Quick Picks' available for 5 games). Drawing takes place every night at 11:30pm.
6:00pm (approx.)-Whenever Gem Club Casino, Deck 6, Fwd

Trade Routes Boutiques

The Boutiques welcome you on board with a one day Manager Special: 10% off all perfumes, cosmetics and liquor. Remember, it's for tonight only so don't miss this fantastic offer. Remember that we are the only location where you can purchase Tax & Duty Free throughout this cruise, so take advantage of this saving. Try before you buy your liquor with our liquor tasting from 7:00pm-9:00pm, Deck 7, fwd. 5:30pm-Midnight, Deck 7, Fwd

Photo Gallery

Hello and welcome on board from your Photo Team! You will find us all around the ship this cruise on gangways, in the dining rooms and for professional portraits. Give us a smile and we'll give you a great memory. Come by to see your Embarkation photos from today.

Gallery Times: 6:00pm-11:00pm
Photo Gallery, Deck 7 Aft.

Internet Café & Wireless

Embarkation Special - Purchase a Time Plan today and receive up to 20 additional minutes free! Plus, enter our raffle for your chance to win 500 free minutes! Internet Center is Open 24 hours. Manager's hours: 2.00pm-Boat Drill & 7:00pm-10:00pm. Internet Center, Crystal Atrium, Deck 7, Mid

Welcome All Latitude Members!

Latitudes members that did not receive a Latitudes Welcome Onboard letter in your Stateroom please stop by the Reception Desk, Deck 7, Mid. Don't forget to sign up for "Cruise Rewards" today. By putting down \$250 towards a future cruise you will receive \$100 to spend anywhere onboard. Simply fill in a "Cruise Rewards" form and drop it off at the Reception Desk, Deck 7, Mid.



Freestyle Daily Activities



Noon-3:00pm

Noon-3:00pm

Noon-3:00pm

Noon-3:00pm

Noon-3:00pm

Noon-11:00pm

12:30pm-2:30pm

1:00pm-8:00pm

1:00pm-Close

1:00pm-Close

4:00pm-5:30pm

4:00pm-6:00pm

4:00pm-7:00pm

4:00pm-9:00pm

4:30pm-10:00pm

2:00pm

3:30pm

4:00pm

Top 10 things to do onboard...

- Stop by the Shore Excursions Desk, Deck 7, Mid, to book your tours for the ports. The Shore Excursions Desk is open from 1:00pm-9:00pm (closed during boat drill):
- Check out our unique Bowling Alley in the Bliss Ultra Lounge, Deck 7, Aft (\$5/game per person) 2-
- 3-Check out our Rock Climbing Wall! Deck 14, Aft (weather permitting)
- 4-It's time to start shopping! Trade Routes Boutiques on Deck 7, Fwd and Ports O' Call on Deck 7, Mid. Opens at 5:30pm-Midnight.
- 5-Gem Club Casino Launch Party! Come join us for free gaming lessons from 5:30pm-6:00pm and complimentary Rum Punch for 30 minutes upon casino opening. Casino opens at 6:00pm (approx.).
- Earn Freestyle Cruise Rewards with your Cruise Consultant Manager Duncan from 6:00pm-7:30pm, Crystal Atrium, Deck 7, Mid. 6-
- Don't miss our Welcome Aboard Showtime featuring music & comedy at 9:15pm in the Stardust Theater, Decks 6 & 7, Fwd
- 8-Have a look at the Bridge in the Viewing Room, Deck 11, Fwd, Portside.
- 9-Don't miss our Welcome Aboard Dance Party tonight at 10:15pm in the Spinnaker Lounge, Deck 13, Fwd.
- 10-Visit our Yin & Yang Spa on Deck 12, Fwd and learn more about our treatments and embarkation day specials.

Add pizzazz to your afternoon...

Campuean	Albes - G	reat island	Sound	
Tree Tops	Kid's Clul	- Kids and	Teens	Registratio

Rock Climbing Wall (weather permitting) Great Music with your DJ

James Capik - Guitar Melodies

Spa Open for Tours & Appointments

Wii by Nintendo - Adult Wii Fit free play

Fitness Center Open House

Bowling Alley (Must be 6 years or older to play) \$5/game

Casino Hospitality -Tournament Sign-ups (closed during boat drill)

Ship Tour of Public Areas

Guest Life Boat Drill

Sailaway Celebration the Cruise Staff (weather permitting)

Modal Magic - Dance Hits

Rock Climbing Wall (weather permitting)

Tree Tops Late Registration

Frank's Place - Continuous Music of Sinatra

Guess the Price of the Picasso!

Friends of Bill W.

Ship Tour of Public Areas

Intro to Gravity: Resist - You know you want to!

Crystal Atrium, Deck 7, Mid

Deck 14, Aft

Poolside, Deck 12, Mid

Bliss Ultra Lounge, Deck 7, Aft

Assigned Muster Stations Poolside, Deck 12, Mid

Deck 14, Aft

Star Bar, Deck 13, Mid

Chapel, Deck 13, Fwd

Outside Spinnaker Lounge, Deck 13, Fwd

Fitness Center, Deck 12, Fwd

Everything's hotter when the sun goes down...

Ariel	acobe	- Sm	ootn	Plano
Furios	o - Fle	egant	String	is

Guess the Weight of the Emerald

Singles Socials with your Fellow Guests

Liquor Tasting

Pre-Registration Party

Tree Tops Kid's Club is Open

Stacy Ward McAdams - Cocktail Piano

Modal Magic - Ballroom Dancing

James Capik - Guitar Vocals

Bliss Ultra Lounge with DJ Pedro

Welcome Aboard Show with Bob and Sarah Trunell

Ariel Jacobe - Smooth Piano

Friends of Dorothy L.G.B.T. Mixer

Welcome Aboard Valentines Day Dance Party

Late Night Fun Zone

Jet Laggers Party with the Gem Production Cast

Modal Magic keeps the Party Going

Paradise Lotto Jackpot prize over \$227,000

Deck 12, Mid

Bar Central, Deck 6, Mid

Deck 12. Fwd

Crystal Atrium, Deck 7, Mid Fitness Center, Deck 12, Fwd

Gem Club Casino, Deck 6, Fwd

Outside Spinnaker Lounge, Deck 13, Fwd

Spinnaker Lounge, Deck 13, Fwd

Tree Tops, Deck 12, Mid

Art Gallery, Deck 7, Aft

Bar Central, Deck 6, Mid

5:00pm 5:00pm 5:00pm

Crystal Atrium, Deck 7, Mid Crystal Atrium, Deck 7, Mid Star Bar, Deck 13, Mid

Trade Routes Boutiques, Deck 7, Fwd

Art Gallery, Deck 7, Aft Deck 12. Mid

Bar Central, Deck 6, Mid

Spinnaker Lounge, Deck 13, Fwd Star Bar, Deck 13, Mid

Bliss Ultra Lounge, Deck 7, Aft

Stardust Theater, Deck 6 & 7, Fwd

Crystal Atrium, Deck 7, Mid Bliss Ultra Lounge, Deck 7, Aft

Spinnaker Lounge, Deck 13, Fwd Tree Tops Kids Club, Deck 12, Mid

Bliss Ultra Lounge, Deck 7, Aft

Spinnaker Lounge, Deck 13, Fwd Gem Club Casino, Deck 6, Fwd

6:00pm-8:00pm 6:00pm-9:30pm 6:00pm-10:00pm 6:15pm

7:00pm-9:00pm 7:00pm-9:00pm 8:00pm-10:30pm

8:15pm-Whenever 8:45pm-10:15pm 9:00pm-Whenever 9:00pm-Whenever

9:15pm

9:45pm-Whenever

10:00pm

10:15pm-Whenever 10:30pm-1:30am

10:45pm

11:15pm-Whenever

11:30pm

Ok, we know this looks like a schedule (gasp!) But, remember, you're free to whatever!

Bar Services	
Java Café & Bar	Noon - Whenever
Deck 7, Mid	
Topsiders Bar	Noon - Whenever
Deck 12, Mid	Naan Whanavar
Bali Hai Bar & Grill	Noon - Whenever
Deck 13, Fwd Bliss Ultra Lounge	Noon - Whenever
Deck 7. Aft	Hoon - Whenever
Great Outdoors Bar	Noon - Whenever
Deck 12, Aft	
Star Bar (Frank's Place)	Noon - Whenever
Deck 13, Mid	
Spinnaker Lounge	Noon - Whenever
Deck 13, Fwd	
Magnums & Shakers Bar	Noon - Whenever
Deck 6, Mid Maltings Beer & Whiskey Bar	Noon - Whenever
Deck 6, Mid	140011 - Whenever
Teguila Bar	Noon - Whenever
Deck 8. Mid	Hoon Micheleter
Guest Services	
Reception Desk	Open 24 Hours
Deck 7, Mid (#00)	
Internet Café	Open 24 Hours
Internet Manager	2:00pm - Boat Drill
Deck 7, Mid	7:00pm - 10:00pm
Body Waves Fitness Deck 12, Fwd	Open 24 Hours
The Leopard Lounge (Arcade)	Open 24 Hours
Deck 12, Mid	Open 24 nours
Library (Sudoku & Trivia Available)	Open 24 Hours
Deck 12, Fwd	
Shore Excursions Desk	1:00pm - 9:00pm
Deck 7, Mid	(closed for boat drill)
Gem Club Casino	6:00pm - Whenever
Deck 6, Fwd	
Gift Shops	5:30pm - Midnight
Deck 7, Fwd	Noon 44-00
Yin & Yang Spa & Salon	Noon - 11:00pm
Deck 12, Fwd Photo Gallery	6:00pm - 11:00pm
Deck 7, Aft	0.00pm - 11.00pm
Cruise Consultant	6:00pm - 7:30pm
Deck 7, Mid	
Shopping Consultant	
Reception Desk, Deck 7, Mid	7:00pm - 8:00pm
Colombian Emeralds, Deck 7, Fwd	8:00pm - 9:00pm
Medical Center	4:00pm - 5:00pm
Deck 4, Mid	
Tahitian Pool & Jacuzzis	Noon - 11:00pm*
Deck 12, Mid Water Slide	Noon - 5:00pm
Deck 12, Mid	140011 - 3.00pm
Flower Shop:	
Garden Café, Deck12, Mid	9:00am - 2:00pm

Walking & Jogging: Deck 13 is a walking/jogging track open 24/7. Deck 7 is a walking-only track open 9:00am-9:00pm. Remember, all sports play is at your own risk.

5:00pm - 9:30pm

Jacuzzis & Pools; Glass & bottles cannot be brought into any of the pools or Jacuzzis. Children in diapers, pull-ups and swimmers are not allowed in any of the pools or Jacuzzis. Forward Jacuzzis and Pool, Deck 12, Mid are for adults only

Reception Desk, Deck 7, Mid

Restaurant Cancellations: To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. If you need to cancel, please do so by 5:00pm on the day

of your reservation to avoid having the cover charge for up to two guests applied to your account.

Casino: You must be 18 or older (and have ID) to gamble or be in the casino. No winnings can be paid to any person or bets in violation. Slot winnings of \$1200 and above could be subject to W2-G tax withholding. Only cigarette smoking is allowed in the casino. Announcements: All announcements can be heard on channel 23 from your stateroom television.

Freestyle Dining

Satisfy your afternoon appetite

Garden Café Deck 12, Mid	Noon - 3:00pm
	The state of the s
Grand Pacific Deck 7, Aft	12:30pm - 2:30pm
Bali Hai Bar* Deck 13, Fwd	12:30pm - 5:00pm
The Grill* Deck 12, Mid	12:30pm - 5:30pm
Great Outdoor Deck 12, Aft	12:30pm - 5:30pm

Note: All services will be closed during mandatory life boat drill.

What are you in the mood for?

Sailaway BBQ* Deck 12, Poolside	3:45pm - 5:00pm
Grand Pacific Deck 7, Aft	5:00pm - 9:30pm
Garden Café Deck 12, Mid	5:30pm - 9:30pm
Magenta Deck 6, Mid	5:30pm - 10:30pm

Specialty Restaurants

Cagney's ** Deck 13, Mid	5:30pm - 10:30pm
Le Bistro ** Deck 6, Mid	5:30pm - 10:30pm
Orchid Garden ** Deck 7, Mid	5:30pm - 10:30pm
Sushi Bar ** Deck 7, Mid	5:30pm - 10:30pm
Tequila** Deck 8, Mid	5:30pm - 10:30pm
La Cucina ** Deck 12, Aft, Portside	6:00pm - 10:30pm
Teppanyaki ** Deck 7, Mid	5:00pm/6:00pm
	6:20nm/7:20nm/9:00m

6:30pm/7:30pm/8:00pm

9:00pm/9:30pm/10:30pm

For whenever you are hungry

Blue Lagoon, Deck 8, Mid	Open 24 hour
Great Outdoors, Deck 12, Aft	9:30pm-11:30pm

Specialty restaurants reservations can be made for the day of or the next day before dinner time. To make reservations dial 050 or visit Crystal Atrium, Deck 7, Mid - 11:30am - 4:30pm Bar City Deck 6, Mid - 5:00pm - 9:30pm

* Weather permitting.

**These restaurants charge a cover and for what you get, you'll find it is well worth it.

Dress Code: Feel free to "dress up or not" wherever you are dining. Please refrain from wearing jeans in the Grand Pacific after 5:00pm. For ultra-casual dining after 5:30pm (tank tops, shorts, etc.) please feel free to check-out the Garden Café.

Customer Advisory: In case you didn't know, there's a certain level of danger to eating raw or undercooked animal products. It's also risky to drink juices that haven't been pasteurized. So if you have any immune system disorders, you should ask your doctor. Environmental Hotline: You can report environmental incidents by calling 1-877-501-5976, the ship's Reception Desk, Deck 7, Mid or via e-mail to EnvironmentalHotline@ncl.com. All reports are confidential.

Safety Equipment: Please do not tamper with any safety equipment onboard (i.e. smoke detectors or fire extinguishers). equipment onboard (i.e. smoke detectors or life extinguishers).

Please follow safety instructions given by the crew.

Smoking Policy: Smoking is only allowed inside the Casino, staterooms, Corona Cigar Club and designated outside deck areas. Cigars are only permitted in the Corona Cigar Club, Deck 6, Mid.

Sharps Containers: For disposal of needles, please contact the Reception Desk, the Medical Center or your Room Steward.

Coron Flames (i.e. huming candles and incense) are Open Flames: Open flames (i.e. burning candles and incense) are strictly forbidden.